

# Contents

Page		
4	(1)	Preface
7	(2)	<u>Guideline for study and teaching</u>
	(3)	<u>Abbreviations</u>
8	(3.1)	Technical abbreviations (academic conventions)
12	(3.2)	Textual abbreviations (Buddhist text editions and reference works)
13	(3.3)	Scriptural abbreviations (short forms for Buddhist texts, suttas, etc)
17	(4)	<u>The Pali Canon and Related Works</u> (editions, translations & citation)
25	(5)	Introduction
		<i>SD</i>
27	(1.1)	Dhamma,cakka-p,pavattana Sutta (S 56.11). The Buddha's first discourse.
45		Diagram 1: The truths and the path.
46		Diagram 2: The 6 senses and the 5 aggregates.
47		Diagram 3: The 18 elements.
48		Diagram 4: How suffering arises.
49	(1.2)	<b>Anatta,lakkhaṇa Sutta or Pañca Sutta (S 22.59).</b> The 2 <sup>nd</sup> discourse: on the self and not-self.
54	(1.3)	<b>Āditta (Pariyāya) Sutta (A 35.28).</b> Or the Fire Discourse. Everything is burning with greed, hate and delusion.
58	(1.4)	<b>Udumbarikā Siha,nāda Sutta (D 25).</b> The Buddha pays back the zealot in his own coins.
71	(1.5)	<b>Veḷu,dvāreyya Sutta (S 55.7).</b> The golden rule and universal values.
80	(1.6)	<b>Vitakka,saṅṭhāna Sutta (M 20).</b> How to overcome distractions during meditation.
89	(1.7)	<b>Kevaḍḍha Sutta (D 11).</b> Miracles and what even God does not know.
109		Table 1.7: The 31 realms of existence according to the Pali sources.
111	(1.8)	Te,vijja Sutta (D 13). Problems with the creator-god idea.
140	(1.9)	<b>Dakkhiṇa,vibhaṅga Sutta (M 142).</b> The first nuns and the position of women in early Buddhism.
157	(1.10)	The Dharma-ending Age. (Prophecy in the Pali Canon) Who is responsible for the decline of Buddhism?
174	(1.11)	<b>Ariya,pariyesanā Sutta or Pāsa,rāsi Sutta (M 26).</b> The events leading up to the Great Awakening.
203	(1.12)	<b>Mahā Saccaka Sutta*</b> (M 36.17-44). The Bodhisattva's self-mortification.
212	(1.13)	<b>Mahā Siha,nāda Sutta*</b> (M 12.44-63). The Bodhisattva's self-mortification.
218	(6)	Index & Glossary

[\* An asterisk denotes excerpt/s or partial translation.]

***Buddhism begins with looking at our goodness within***